



SAINT BONIFACE CATHOLIC SCHOOL

SEPTEMBER 2017

Healthy Habit Price- \$2.90, Extra Entrée Only \$1.25



*= Baked WG=Whole Grain Ingredients

Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6	7	8
NO SCHOOL 	HOT LUNCH Pulled Pork Slammer Pasta Salad Pickle Slices Fresh Fruit/Seasonal Milk, Fat Free <u>TUESDAY TREAT DAY</u> Big Cookie <u>ALTERNATE</u> Hot Dog <u>SALAD OF THE DAY</u> Caesar Salad <u>SOUP OF THE DAY</u> Tomato Soup	HOT LUNCH *Toasted Ravioli Green Beans Mandarin Oranges *Chocolate Chip Cookie Milk, Fat Free <u>ALTERNATE</u> Grilled Chicken Sandwich <u>SALAD OF THE DAY</u> St. Louis Hill Salad <u>SOUP OF THE DAY</u> Broccoli Soup	HOT LUNCH *Breaded Chicken Drumstick Buttered Noodles Mixed Vegetables Chocolate Chip Cookie Milk, Fat Free <u>ALTERNATE</u> Mini Taco <u>SALAD OF THE DAY</u> Cobb Salad <u>SOUP OF THE DAY</u> Chicken Soup	HOT LUNCH *Chicken Patty Sandwich WG *French Fries/Ketchup Green Beans Quartered Oranges Milk, Fat Free <u>ALTERNATE</u> Pig in a Blanket <u>SALAD OF THE DAY</u> Taco Salad <u>SOUP OF THE DAY</u> Potato Soup
11	12	13	14	15
HOT LUNCH Rainbow Tortellini w/ Alfredo Sauce Tossed Salad Lite Italian Dressing Breadstick Fresh Fruit/Seasonal Milk, Fat Free <u>ALTERNATE</u> Popcorn Shrimp <u>SALAD OF THE DAY</u> Key Salad <u>SOUP OF THE DAY</u> Chili	HOT LUNCH Cheeseburger on WG Bun Baby Carrots Jell-O Fresh Fruit/Seasonal Milk, Fat Free <u>TUESDAY TREAT DAY</u> Ice Cream <u>ALTERNATE</u> Grilled Ham & Cheese <u>SALAD OF THE DAY</u> Caesar Salad <u>SOUP OF THE DAY</u> Tomato Soup	HOT LUNCH *Chicken Nuggets Corn Fresh Fruit/Seasonal Fresh Baked Brownie Milk, Fat Free <u>NO ALTERNATE</u> Meatball Sub <u>SALAD OF THE DAY</u> St. Louis Hill Salad <u>SOUP OF THE DAY</u> Broccoli Soup	HOT LUNCH Pancake Bacon Slices Fresh Fruit/Seasonal Strawberry Yogurt Milk, Fat Free <u>ALTERNATE</u> Scrambled Eggs <u>SALAD OF THE DAY</u> Cobb Salad <u>SOUP OF THE DAY</u> Chicken Soup	HOT LUNCH *Jumbo Corn Dog Fresh Cooked Carrots Applesauce Chocolate Chip Cookie Milk, Fat Free <u>ALTERNATE</u> Grilled Cheese <u>SALAD OF THE DAY</u> Taco Salad <u>SOUP OF THE DAY</u> Potato Soup
18	19	20	21	22
HOT LUNCH *Chicken Rings *Au Gratin Potatoes Green Beans Fresh Fruit/Seasonal *Oreo Cookie Milk, Fat Free <u>ALTERNATE</u> Grilled Chicken Sandwich <u>SALAD OF THE DAY</u> Key Salad <u>SOUP OF THE DAY</u> Chili	HOT LUNCH <u>MEXICAN MUNCHIES!</u> Soft Taco Spanish Rice Lettuce & Tomato Salad Light Ranch Dressing 100% Fruit Juice Bar Milk, Fat Free <u>TUESDAY TREAT DAY</u> Brownie <u>ALTERNATE</u> Cheesy Burrito <u>SALAD OF THE DAY</u> Caesar Salad <u>SOUP OF THE DAY</u> Tomato Soup	HOT LUNCH Grilled Hamburger on WG Bun Green Beans Fresh Fruit/Seasonal Jell-O Milk, Fat Free <u>NO ALTERNATE</u> Pizza Stick <u>SALAD OF THE DAY</u> St. Louis Hill Salad <u>SOUP OF THE DAY</u> Broccoli Soup	HOT LUNCH Chicken Parmesan Seasoned Noodles Green Beans Fresh Fruit/Seasonal Milk, Fat Free <u>ALTERNATE</u> Toasted Ravioli <u>SALAD OF THE DAY</u> Cobb Salad <u>SOUP OF THE DAY</u> Chicken Soup	HOT LUNCH Manwich Sloppy Joe on WG Bun Green Beans Applesauce Vanilla Ice Cream Milk, Fat Free <u>ALTERNATE</u> Spaghetti <u>SALAD OF THE DAY</u> Taco Salad <u>SOUP OF THE DAY</u> Potato Soup
25	26	27	28	29
HOT LUNCH Baked Macaroni & Cheese Green Beans Fresh Fruit/Seasonal Teddy Grahams Milk, Fat Free <u>ALTERNATE</u> Mini Tacos <u>SALAD OF THE DAY</u> Key Salad <u>SOUP OF THE DAY</u> Chili	HOT LUNCH <u>TACO'S TODAY!!!</u> Crunchy Taco, WG Spanish Rice, WG Mexican Corn Rainbow Sherbet Milk, Fat Free <u>TUESDAY TREAT DAY</u> S'mores <u>ALTERNATE</u> Nachos <u>SALAD OF THE DAY</u> Caesar Salad <u>SOUP OF THE DAY</u> Tomato Soup	HOT LUNCH <u>BREAKFAST FOR LUNCH!</u> *Waffle with Syrup *Sausage Patty Peaches Strawberry Yogurt Cup Milk, Fat Free <u>NO ALTERNATE</u> Scrambled Eggs <u>SALAD OF THE DAY</u> St. Louis Hill Salad <u>SOUP OF THE DAY</u> Broccoli Soup	HOT LUNCH *Chicken Rings Seasoned Noodles Lettuce & Carrot Salad Light Ranch Dressing Sherbet Milk, Fat Free <u>ALTERNATE</u> Mini Corn Dogs <u>SALAD OF THE DAY</u> Cobb Salad <u>SOUP OF THE DAY</u> Chicken Soup	HOT LUNCH Hot Dog on WG Bun *French Fries with Ketchup Fresh Fruit Fresh Veggies Lite Ranch Dressing Milk, Fat Free <u>ALTERNATE</u> Grilled Ham & Cheese <u>SALAD OF THE DAY</u> Taco Salad <u>SOUP OF THE DAY</u> Potato Soup

